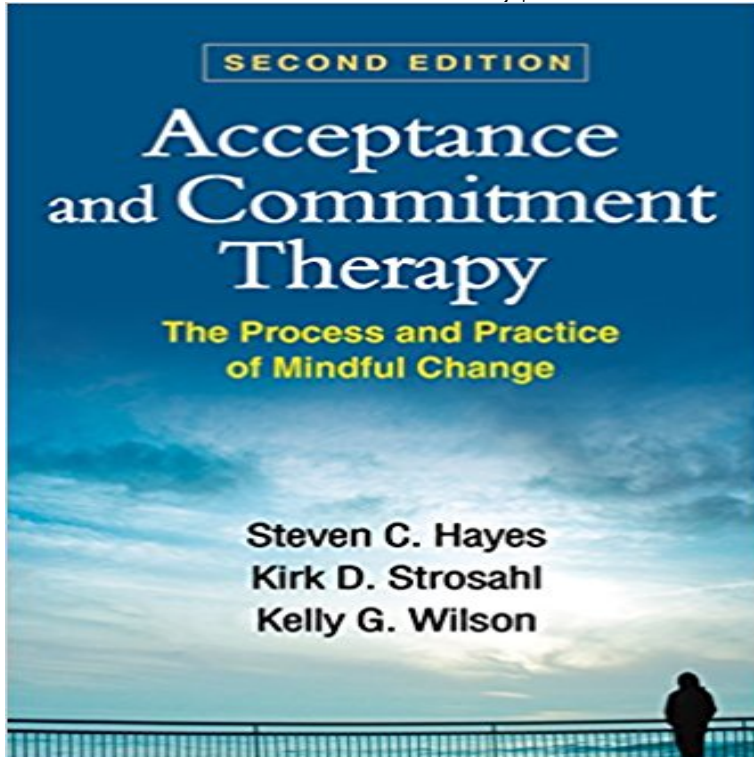


# Acceptance and Commitment Therapy, Second Edition: The Process and Practice of Mindful Change



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