

Cognitive-Behavioral Therapy for Sexual Dysfunction (Practical Clinical Guidebooks)



Cognitive-Behavioral Couple Therapy for Sexual Dysfunction (CBCST) provides clinicians and graduate students with a comprehensive biopsychosocial model of useful, practical, empirically-based strategies and techniques to address common sexual dysfunctions. Each chapter carefully incorporates research and theoretical foundations and includes discussions of the issues that commonly arise when working with clients with sexual problems. This volume will include clinical assessment and intervention, case studies, client handouts, psychosexual skill exercises, and client education materials.

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