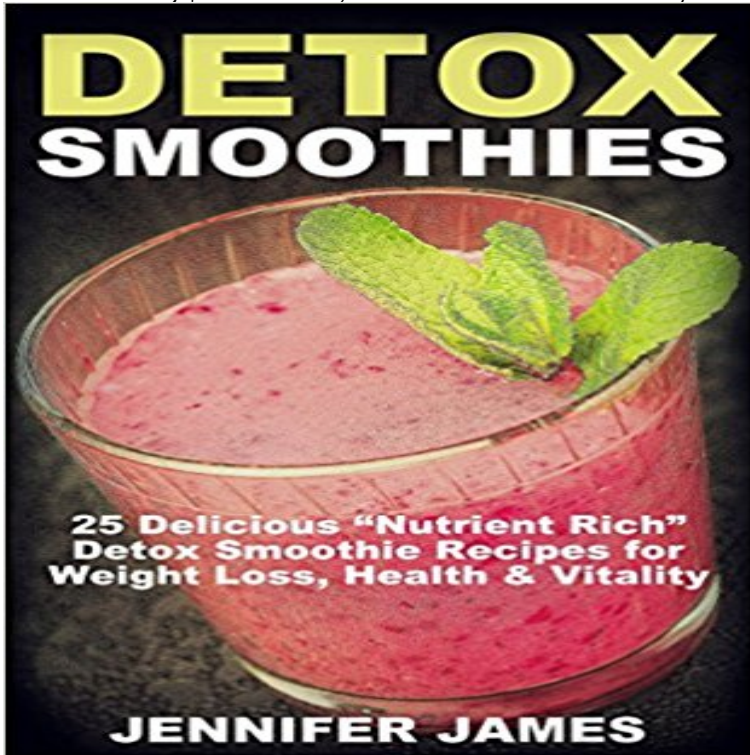


## Detox Smoothies: 25 Delicious Nutrient Rich Detox Smoothie Recipes for Weight Loss, Health & Vitality



Delicious Antioxidant Rich Smoothie Recipes for Cleansing, Detoxing & Burning Fat! Feeling a little tired? Want to improve your health, mental state and vitality? If so, this book is for you. We live in a fast-paced world where time on our hands is in limited supply and getting our daily fix of vitamins, minerals and vital nutrition is becoming a rare event. Welcome to the world of smoothies. A simple, quick and easy way to get your daily nutritional needs from powerful antioxidant rich fruits & vegetables. Whats more -- they taste DELICIOUS! In Detox smoothies you will find only HIGHLY antioxidant rich recipes to detoxify your body. With these recipes you get to: Improve your health with powerful super foods bursting with vitamins and minerals Detoxify your body with antioxidants to restore your health and vitality Lose weight with fiber rich, low fat, delicious recipes - made in minutes! Strengthen your immune system, cognitive functioning and overall mental state Improve your skin, hair, zest for life and overall energy levels Now, dust off the blender, and, Scroll up and grab a copy today.

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