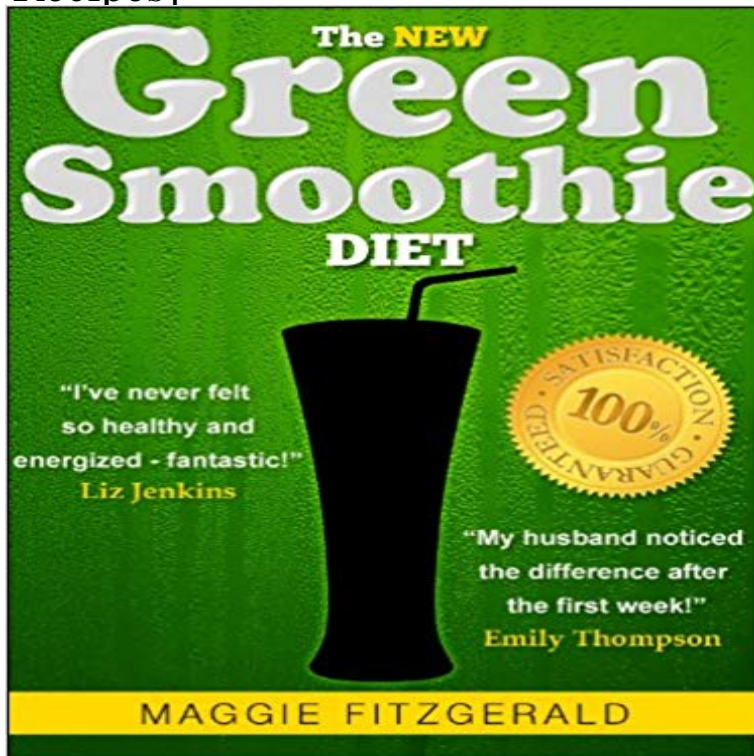


# The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food and Superfoods [73 Delicious Recipes]



The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food

The New Green Smoothie Diet answers all your questions in detail, including: What is the Green Smoothie Diet? Why the Green Smoothie Diet and what are the benefits? How do I get started? What do I need to do it? What should I avoid when doing the Green Smoothie Diet? Not just another recipe book: Unlike other green smoothie diet books which stop at simply providing a list of smoothie recipes together with some generic/stock pictures of green drinks, this book includes everything you need to know about the New Green Smoothie Diet and the complete nutritional breakdown for each of the delicious smoothies. This book is packed with all of the recipes from the original The 14 Day Green Smoothie Detox Diet plus another 34 brand new, delicious and nutritious recipes! In this Book, diet & nutrition expert Maggie Fitzgerald shows you all the delicious ways to: Lose Weight in a Sustainable Way Beat Junk Food Cravings Feel Healthier and Full of Energy Really improve your digestion Achieve clearer, beautiful skin Greatly boost your immune system Get your copy at the low introductory price and take charge of your health today! **BONUS BOOK!** If you buy The New Green Smoothie Diet! today, you also get a **FREE BONUS** copy of the best-selling ebook: *The Natural Strengthening Properties Of Organic Healing* This #1 selling book helps you to improve your overall health by using a little known approach to achieving improved wellbeing. And naturally, these health tips are based on scientific research. It's also yours absolutely free if you buy The New Green Smoothie Diet today. **THE BEST PART:** This bonus book is also short and directly to the point - there is no filler. Grab your gift today as it is available for a

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We can clean it, heal it and make it healthy again, but it will .. It is not optimal for real health. 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