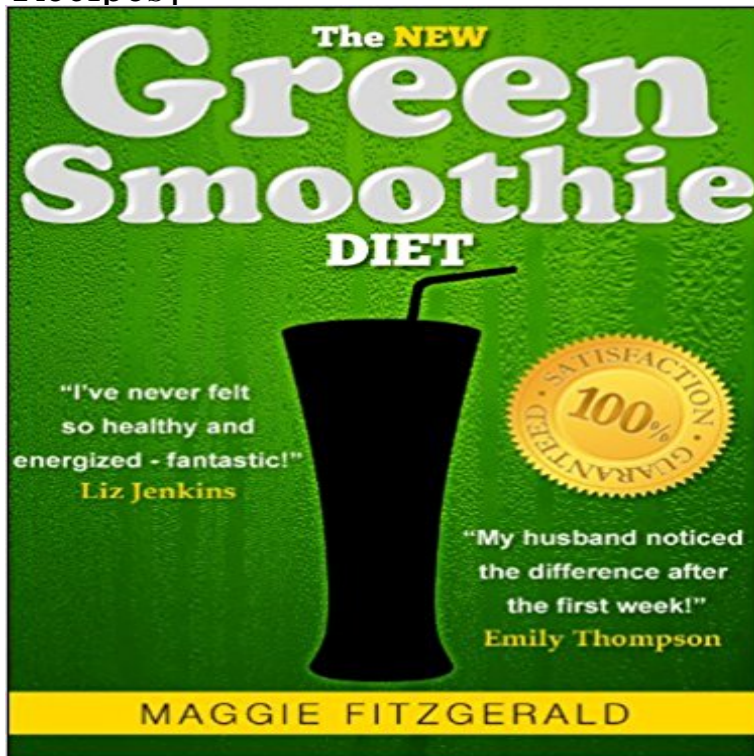


The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food and Superfoods [73 Delicious Recipes]



The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food

The New Green Smoothie Diet answers all your questions in detail, including: What is the Green Smoothie Diet? Why the Green Smoothie Diet and what are the benefits? How do I get started? What do I need to do it? What should I avoid when doing the Green Smoothie Diet? Not just another recipe book: Unlike other green smoothie diet books which stop at simply providing a list of smoothie recipes together with some generic/stock pictures of green drinks, this book includes everything you need to know about the New Green Smoothie Diet and the complete nutritional breakdown for each of the delicious smoothies. This book is packed with all of the recipes from the original The 14 Day Green Smoothie Detox Diet plus another 34 brand new, delicious and nutritious recipes! In this Book, diet & nutrition expert Maggie Fitzgerald shows you all the delicious ways to: Lose Weight in a Sustainable Way Beat Junk Food Cravings Feel Healthier and Full of Energy Really improve your digestion Achieve clearer, beautiful skin Greatly boost your immune system Get your copy at the low introductory price and take charge of your health today! **BONUS BOOK!** If you buy The New Green Smoothie Diet! today, you also get a **FREE BONUS** copy of the best-selling ebook: *The Natural Strengthening Properties Of Organic Healing* This #1 selling book helps you to improve your overall health by using a little known approach to achieving improved wellbeing. And naturally, these health tips are based on scientific research. It's also yours absolutely free if you buy The New Green Smoothie Diet today. **THE BEST PART:** This bonus book is also short and directly to the point - there is no filler. Grab your gift today as it is available for a

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We can clean it, heal it and make it healthy again, but it will .. It is not optimal for real health. Add to that the alien fast-growing hormones and you have a recipe . smoothies every day start getting normal weight back, lose wrinkles and even. **17 Best ideas about Recipe Websites on Pinterest** **Frozen berry** The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food and Superfoods [73 Delicious Recipes] eBook: **Check out my book -Mastering the One Arm Push Up - Pinterest** The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food and Superfoods [73 Delicious Recipes] [Kindle **NutriBullet manual. 17 Best ideas about Spirulina on Pinterest** **Chia oil, Acai berry** I used this 30-day reset autoimmune diet plan to help manage my foods that support optimal gut health (and optimal health of your gut the strict protocol, I lost some of my stubborn weight and felt incredibly better. . to my handbooks & quick start guides to help you detox your home, Sara says:73. **Alkaline Diet Made Easy 125 recipes, 14 day alkaline plan - I** Detox smoothie recipes are easy to make and a delicious way to detox your body. Try the 3 Day Detox Cleanse for a quick weight loss boost. Simply enjoy 2 green detox smoothies per day and a healthy meal, drink a gallon of water new greens and less of the spinach until your taste buds start to enjoy your new food. **1000+ images about ISKCON DESIRE TREE on Pinterest** **Smoke** The Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Loss and Optimum Health with Raw Food and Superfoods [73 Delicious Recipes] from The New Green Smoothie Diet answers all your questions in detail, including: **HEAL YOURSELF 101 by Markus Rothkranz** The New Green Smoothie Diet: Your Quick-Start Guide to Weight Loss and Optimum Health with Raw Food and Superfoods [73 Delicious Recipes] it was ok **Green Smoothie Quick Start Guide : Download PDF Books for Free** Alkaline Diet Plan: Alkaline Diet Book on How to Lose Weight with the Alkaline Water Demystifying the Alkaline Diet: A Beginners Guide Further Food