

The Dolce Diet: Valentines Day Menu



Food and romance! What could be better?! How about healthy, delicious food that won't bog you down! (After all, nothing is worse than feeling like a slug on a night that's supposed to be romantic!) Don't worry! Mike Dolce has got your back! New from #1 bestselling author & world renowned weight-management coach comes The Dolce Diet: Valentines Day Menu! Short & sweet, this quick and easy ebook contains 10 simple, yet romantic recipes that'll have your honey saying I love you, now let's grapple! Or something like that...Gluten-free and Vegan options! Strawberry Salad Veggie Paella Seared Ahi Tuna Steaks Baked Pears ...and more! Be sure to check out Mike's other titles: The Dolce Diet: LIVING LEAN The Dolce Diet: LIVING LEAN COOKBOOK The Dolce Diet: HOLIDAY DISHES and coming soon, The Dolce Diet: 3 Weeks to Shredded REVISED For more information, visit TheDolceDiet.com

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