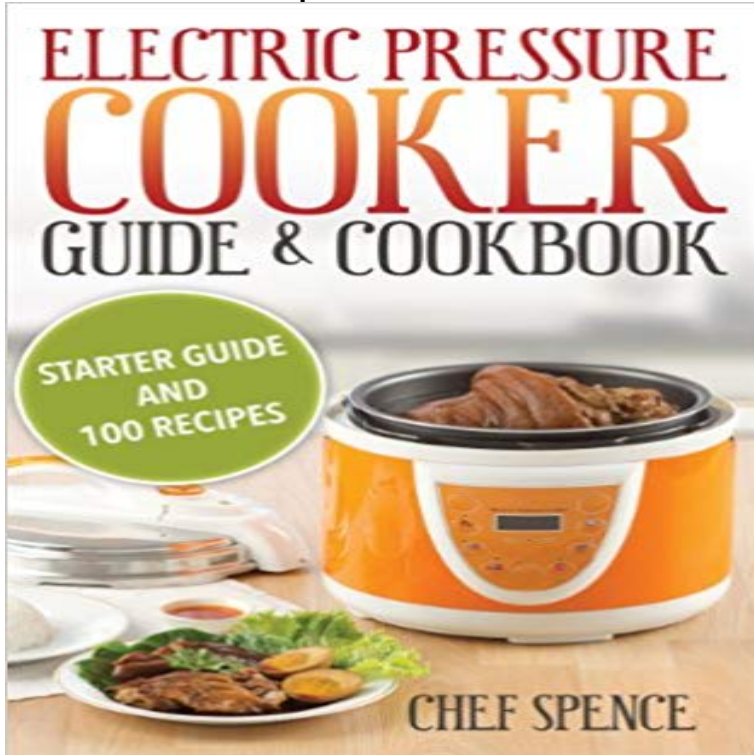


Electric Pressure Cooker Guide and Cookbook: Starter Guide over 100 Delicious Recipes



Using an electric pressure cooker to prepare everyday dishes is a lot simpler than it seems. However, with this recipe book in your hands, everything just becomes simple. You will learn how to make dozens of delicious electric pressure cooker recipes that can be prepared in just a few minutes. And you'll be surprised that none of it is going to be difficult at all! As a matter of fact, you can experiment with a few recipes in your electric pressure cooker today, and your dishes will still come out perfect! This book takes you through the basics of using an electric pressure cooker. You can thoroughly understand how pressure cooking works. With this understanding, you will be able to use your electric pressure cooker to its best. You will also be able to experiment with new dishes when you understand the principle of pressure cooking. The book gives you a complete insight into the history of pressure cookers including its evolution over the last few decades. By the time you are through with this book, you will know exactly how to operate it as all the minute details like time conversions are discussed. For those of you who are not sure of what you can actually cook with an electric pressure cooker, this book gives you a list of 100 amazingly delicious recipes that you can try out. This includes ideas for breakfast, lunch, dinner, soups, snacks and dessert. Plus unique bonus recipes and quick cooking in foil recipes. Also included is a method to convert stove top pressure cooker recipes for electric pressure cookers. You can enjoy all these healthy recipes with just a regular electric pressure cooker. This book is for beginners and experienced electric pressure cookers. Electric Pressure Cooker Recipe Cookbook and Guide.

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