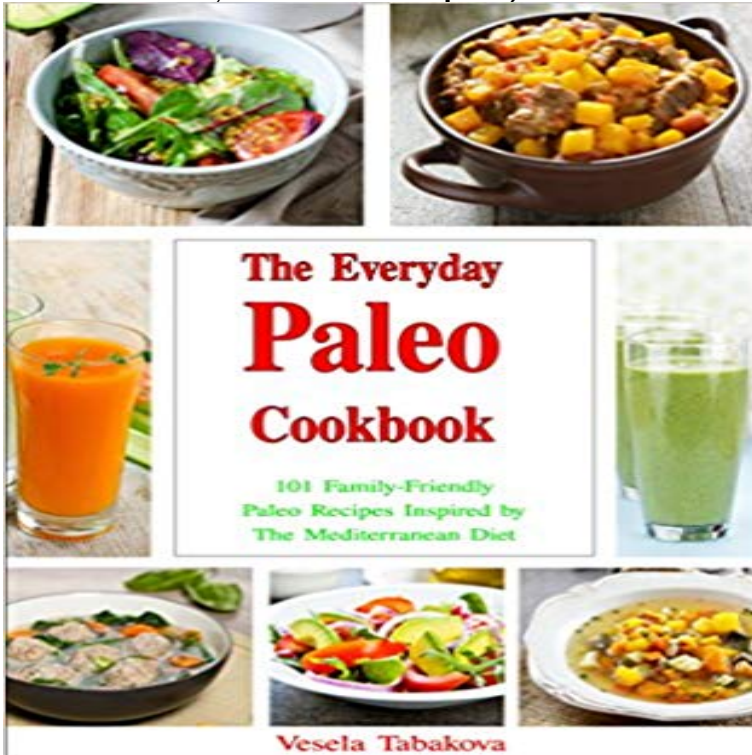


## The Everyday Paleo Cookbook: 101 Family-Friendly Paleo Recipes Inspired by The Mediterranean Diet (Free Bonus Gift) (Paleo, Paleo Cookbook, Paleo Recipes)



Delicious Paleo Recipes that Will Drastically Improve your Health and your Weight! In a world where food is full of frightening artificial additives and flavorings, there is one simple and easy way to follow a weight loss diet - the more unprocessed and real food you eat, the better. While it may sound difficult to follow a diet at home and cook real food - you will soon realize you can throw together a delicious Paleo dinner for the whole family in the same amount of time you need to order a takeout. From the author of several bestselling cookbooks, Vesela Tabakova, comes a great collection of delicious, easy to make Paleo diet recipes. This time she offers us 101 comforting and enjoyable Paleo dishes full of colorful vegetables and lean meats that are simple and easy to cook whether you need a quick weeknight supper or a delicious weekend dinner. The Everyday Paleo Cookbook: 101 Family-Friendly Paleo Recipes Inspired by The Mediterranean Diet is an invaluable and delicious collection of comforting Paleo recipes that will please everyone at the table and become family favorites. If you're looking for quick and easy Paleo recipes to help satisfy your family and your budget, this cookbook is for you. \*\*\*FREE BONUS RECIPES at the end of the book - 20 Easy Paleo, Gluten-Free, Fat Burning Smoothies for Better Health and Natural Weight Loss\*\*\*

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