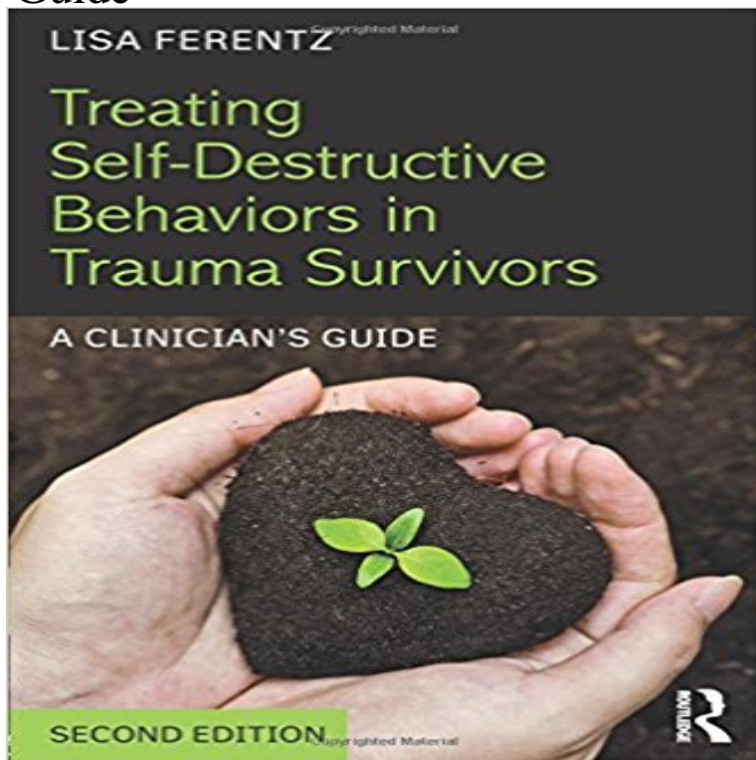


# Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide



Treating Self-Destructive Behaviors in Trauma Survivors, 2nd ed, is a book for clinicians who specialize in helping trauma survivors and, during the course of treatment, find themselves unexpectedly confronted with client disclosures of self-destructive behaviors, including self-mutilation and other manifestations of deliberately hurting the body such as bingeing, purging, starving, substance abuse and other addictive behaviors. Arguing that standard safety contracts are not effective, renowned clinician Lisa Ferentz introduces viable treatment alternatives, assessment tools, and new ways of understanding self-destructive behavior using a strengths-based approach that distinguishes between the experimental non-suicidal self-injury (NSSI) that some teenagers occasionally engage in and the self-destructive behaviors that are repetitive and chronic. In the new edition, many of the treatment strategies are cross referenced to a useful workbook, giving therapists and clients concrete ways to integrate theory into practice. In addition, Ferentz emphasizes the importance of assessing for and strengthening clients self-compassion, and explains how nurturing this idea cognitively, emotionally, and somatically can become the catalyst for motivation and change. The book also explores a cycle of behavior that clinicians can personalize and use as a template for treatment. In its final sections, the book focuses on counter-transferential responses and the different ways in which therapists can work with self-destructive behaviors and avoid vicarious traumatization by adopting tools and strategies for self-care. Treating Self-Destructive Behaviors in Trauma Survivors, 2nd ed, can be used on its own or in conjunction with the accompanying client-focused workbook, Letting Go of Self-Destructive Behaviors: A Workbook of Hope and Healing.

[\[PDF\] The Maxi Lifespan Diet for Dogs](#)

[\[PDF\] The Dangerous Captive: Season Two - Episode 1 \(Steampunk OZ\) \(Volume 5\)](#)

[\[PDF\] Group Psychology and the Analysis of the Ego](#)

[\[PDF\] The World of Cacti: How to Select from and Care for over 1000 Species](#)

[\[PDF\] Slow Cooking For Beginners: The step-by-step guide to slow cooking with over 35 delicious slow cooking recipes for eating clean](#)

[\[PDF\] Dont Should on Your Kids: Build Their Mental Toughness](#)

[\[PDF\] Boston Diagnostic Aphasia Examination\(25 Booklet Pkg\): Record Booklet](#)

**Treating Self-Destructive Behaviors in Trauma Survivors, A - PESI** A CliniCiAns Guide. Lisa Ferentz. Trauma SurvivorS. Treating. Self-Destructive Behaviors in <http://9780415887847> Buy Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz (2014-09-10) on ? FREE SHIPPING on qualified **Treating Self-destructive Behaviors in Trauma Survivors: A** Buy Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide Paperback - March 7, 2012 on ? FREE SHIPPING on qualified **Treating Self-Destructive Behaviors in Trauma Survivors: A** Treating Self-Destructive Behaviors in Trauma Survivors, 2nd ed, is a book for clinicians who specialize in helping trauma survivors and, during the course of **Treating Self-Destructive Behaviors in Trauma Survivors - AbeBooks** : Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide (9781138800748) by Ferentz, Lisa and a great **Treating Self-Destructive Behaviors in Trauma Survivors: A** Buy [(Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide)] [Author: Lisa Ferentz] published on (March, 2012) on ? FREE **Treating Self-Destructive Behaviors in Trauma Survivors: A - eBay** Treating Self-Destructive Behaviors in Trauma Survivors, A Clinicians Guide, 2nd Edition. Book. \$39.95 USD. Add to Cart. Treating Self-Destructive Behaviors in **Treating Self-Destructive Behaviors in Trauma Survivors: A** Treating Self-Destructive Behaviors in Trauma Survivors, 2nd ed, is a book for The Trauma Recovery Group: A Guide for Practitioners **Treating Self-Destructive Behaviors in Trauma Survivors** Treating Self-destructive Behaviors in Trauma Survivors: A Clinicians Guide. Front Cover Lisa Ferentz. Routledge, 2012 - Psychology - 251 pages. **Treating Self-Destructive Behaviors in Trauma Survivors - Amazon UK** Buy Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz (ISBN: 9781138800755) from Amazons Book Store. Free UK **Treating Self-Destructive Behaviors in Trauma Survivors: A** Treating Self-Destructive Behaviors in Trauma Survivors, 2nd ed, is a book for clinicians who specialize in helping trauma survivors and, during the course of **Treating Self-Destructive Behaviors in Trauma Survivors: A** Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz (2014-09-10) [Lisa Ferentz] on . \*FREE\* shipping on **Treating Self-Destructive Behaviors in Trauma Survivors : Lisa** Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide This is a book for clinicians who specialize in helping trauma survivors and, **Treating Self-Destructive Behaviors in Trauma Survivors - AbeBooks** Treating Self-Destructive Behaviors in Trauma Survivors, 2nd ed, is a book for clinicians who specialize in helping trauma survivors and, during the course of **Journal of Trauma & Dissociation - Taylor & Francis Online** People who viewed this item also viewed. Treating Self-Destructive Behaviors in Trauma Survivors : A Clinicians Guide Treating Self-Destructive Beha **Treating Self-Destructive Behaviors in Trauma Survivors -** The Hardcover of the Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz at Barnes & Noble. **Treating Self-Destructive Behaviors in Trauma Survivors, A - PESI** Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide . Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for **Treating Self-Destructive Behaviors in Trauma Survivors: A** Buy Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz (ISBN: 9780415887847) from Amazons Book Store. Free UK **Treating Self-Destructive Behaviors in Trauma Survivors - Goodreads** Buy Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz (2014-09-02) on ? FREE SHIPPING on qualified **Treating Self-Destructive Behaviors in Trauma Survivors** Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide, by L. Ferentz. (2012). New York, NY: Routledge, 251 pp. **Treating Self-Destructive Behaviors in Trauma Survivors - Routledge** Treating Self-Destructive Behaviors in Trauma Survivors, A Clinicians Guide, 2nd Edition. Book. \$39.95 USD. Add to Cart. Treating Self-Destructive Behaviors in **Treating Self-Destructive Behaviors in Trauma Survivors: A** **Treating Self-Destructive Behaviors in Trauma Survivors - Amazon UK** Treating Self-destructive Behaviors in Trauma Survivors: A Clinicians Guide. Front

Cover. Lisa Ferentz. Routledge, 2012 - Psychology - 251 pages. **Treating Self-Destructive Behaviors in Trauma Survivors: A** Buy Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide by Lisa Ferentz (2014-09-10) by Lisa Ferentz (ISBN: ) from Amazons Book **Treating Self-Destructive Behaviors in Trauma Survivors - Taylor** : Treating Self-Destructive Behaviors in Trauma Survivors: A Clinicians Guide (9780415887847): Lisa Ferentz: Books.